

Agenda – Mindful Justice Conference
Sept 17-20, 2015
(subject to change)

THURSDAY:

ARRIVAL AND INTRODUCTIONS

- 5:30-6:00 pm: **Welcome reception**
- 6:00-7:00 pm: **Dinner**
- 7:00-9:00 pm: **Welcome, conference goals and overview, introductions**
- 9:00-10:00 pm: **Conversation and networking time**

Note: Each session will begin with a brief period of silent meditation.

FRIDAY:
MINDFUL CRIMINAL JUSTICE – WHAT EXISTS AND WHAT COULD BE

- 7:30-8:15 am: **Morning mindfulness practice** (qi gong, meditation)
- 8:15-9:00 am: **Breakfast** (silent)
- 9:00-10:05 am: **History/context** – Angela Harris, Jonathan Simon, Fleet Maull
Facilitator: Rhonda Magee

Three presentations exploring the broad sweep of criminal justice in America and how we arrived at the system we have today.

[10 min break]

- 10:15 – 12:15 pm: **Overview of mindfulness in the criminal justice system**
Facilitator: Rhonda Magee

Brief presentations offering a snapshot of where we are today with mindfulness-based programs in the criminal justice system, from the front end to the back end. This will include:

- **A high-level snapshot** – Fleet Maull
- **The GRIP program in California** – Jacques Verduin
- **Programs for correctional officers** – Fleet Maull
- **Mindfulness-Based Resiliency Training for police** – Richard Goerling
- **Workshops for Santa Clara County prosecutors and public defenders** – Ron Tyler
- **Mindfulness for judges** – Ron Greenberg
- **Mindfulness for adolescents** – Leslie Booker and Fariborz Pakseresht
- **Mindfulness for community corrections professionals and individuals in reentry** - Brad Bogue
- **Restorative Justice and mindfulness** – Sujatha Baliga
- **Workshops for law enforcement and communities** - Rhonda Magee

- 12:15 – 1:30 pm: **Lunch**

1:30-2:30 pm: **Mindful walk on the grounds**

2:30-3:30 pm: **Re-imagining the system, piece by piece**
Facilitator: Charlie Halpern

In groups organized around the main pieces of the system we'll take time to imagine what the system would look like if mindfulness practices and principles were embedded in it from front to back.

This includes looking at distinct elements of the system from a mindful perspective—community policing, juvenile detention, dealing with drug offenses and problems of mentally ill people in the system, the trial process, the prison environment, preparation for and support through re-entry—and looking at the system as a whole. This will draw on the mindfulness work that's already out there, but also consider what more could be done, and also consider particular challenges and opportunities.

Each group will designate a reporter who organizes a presentation to the large group, calling on members of the group.

3:30-4:30 pm **Small group report out**

Each group will have 7-10 min to report back to the whole group on what they discussed, followed by a whole-group discussion.

Groups will be:

Prevention, police, and adolescents: Leslie Booker, Fariborz Pakseresht, Richard Goerling, Beverly Kingston, Charlie Halpern, Robin Fisher

Courts and other forms of dispute resolution: Ron Tyler, Ron Greenberg, Angela Harris, Preeta Bansal, Sujatha Baliga, Joel Villaseca

Corrections: Fleet Maull, Jacques Verduin, Bob Barton, Mark Bolton, Jared Seide, Jonathan Simon

Communities and reintegration: Brad Bogue, Chris Innes, Fania Davis, Rhonda Magee, Jeni Lyon, Dan Carlin

[10 min break]

4:45-5:45 pm: **Imagining How A Mindful City Manages Criminal Justice**
Facilitator: Dan Carlin

A panel discussion, including remarks by Fleet Maull and Mark Bolton on how Louisville, KY has been exploring how to introduce mindfulness principles and practices, including compassion, into various aspects of city operations, such as policing and corrections. Rhonda Magee will reflect on how mindfulness might be used to cultivate improved relations between police and communities, and facilitate dialogue on issues of

race in policing and prosecution.

- 6:00-7:30 pm: **Dinner**
- 7:30-8:30 pm: **Reflections on Friday**
Facilitator: Jared Seide
- 8:30-8:50 pm: **Sitting meditation, close**
- 8:50-10:00 pm: **Conversation and networking time**

SATURDAY
OPPORTUNITIES AND STRATEGIES FOR MINDFULNESS IN CRIMINAL JUSTICE

7:30-8:00 am: **Morning mindfulness practice** (qi gong, meditation)

8:00-9:00 am: **Breakfast** (silent)

9:00-10:05 am: **Small group working session**
Facilitator: Fleet

What are the key opportunities for mindfulness currently present in your sphere of activity and interest, and how can they be developed? What are the resources you would need to move things forward in your area? Who are the key allies in your area of primary interest, perhaps in other parts of the system?

We'll start in the groups assembled on Friday afternoon, then have an opportunity to rotate groups halfway through the hour. Each group will designate a reporter who organizes a presentation to the large group, calling on members of the group.

[10 minute break]

10:30 am- 12:15 pm: **Small group report-out and large group discussion**
Facilitator: Fleet

A designated reporter from each group in the previous session will have 7-10 minutes to report to the whole group on what came up in the discussion, followed by a large group discussion of common themes in opportunities and strategies.

12:15 – 1:30 pm: **Lunch**

1:30-2:30 pm: **Mindful walk and talk**

2:30-3:30 pm: **Discussion: Guiding principles for mindfulness in criminal justice**
Facilitator: Rhonda Magee

This session will be a facilitated discussion about how we can establish a common vision that we can advocate to policy-makers, the public, potential allies, funders. How do we capture the essence of our vision in a way that encompasses the diversity of programs and perspectives, but is simple enough to be understood by others?

[10 min break]

3:40-4:40 pm: **Discussion: Supporting each other's work**
Facilitator: Fleet Maull

How can this collection of people, and our partners not in attendance, promote these principles and support each other's efforts? What infrastructure and support is necessary to advance the work in particular spheres and also to serve the larger effort? What role for the conveners of this conference?

[10 min break]

- 4:50-5:30 pm: **Reflections on the conference, and a discussion**
Comments by: Charlie Halpern, Angela Harris, Rhonda Magee, Fleet Maull, and Jonathan Simon
Facilitator: Dan Carlin
- 5:30-6:00 pm: **Evening reception**
- 6:00-7:30 pm: **Dinner**
- 7:30-8:30 pm: **Final reflections on the day's discussions, preview of Sunday**
- 8:30-8:50 pm: **Sitting meditation, close**
- 8:50-10:00 pm: **Conversation and networking time**

SUNDAY
REFLECTIONS AND NEXT STEPS

- 7:30-8:00 am: **Morning mindfulness practice** (qi gong, meditation)
- 8:00-9:00 am: **Breakfast** (not silent)
- 9:00-10:00 am: **Packing**
- 10:00 am -12 pm: **Closing session**
Facilitators: Rhonda, Charlie, Fleet
- 11:15 am – 12 pm: **Closing circle**
- 12:00-1:00 pm: **Lunch**
- 1-2 pm: **Departures**